

MCGS MESS MENU FROM 28th July to 3rd Aug'2024

| DAY | BREAK FAST | 1120 | LUNCH | 4 PM | DINNER | NIGHT MILK & BISCUITS |
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| 28th July 2024 Sun | Maggie Veg Cutlet, Green Chutney Omelette, Cheese-cube, Porridge, Kellogg's Multigrain Chocos, Muesli with milk, Fresh Fruits - (Papaya, Pear, Banana), Juice-Frooti | | Chicken KFC Soya Chaap in KFC style, Dal Makhni, Salad Green, Boil Rice, Smoked Gawar Phali, Chapati, Raita boondi, Pickle, Chutney Ice-Cream | Chocolate Doughnut Seasonal fruit, Fresh juice | Pizza Gardenia (shortcrust atta base) Lahsuni palak Dal Moong Chilka, Pickle, Boil Rice, Chapati Besan Boondi | Milk Unibic Biscuits |
| 29th July 2024 Mon | Aloo Paratha with Chutney, Fried Egg, Boil Egg, Masala Oats, Kellogg's Multigrain Chocos, Muesli with Milk, Flavoured Milk, Fresh Fruits - (Papaya, Banana, Pear) | Fruit, Roasted Peanut, Fresh Lime Water | Mutton Bhuna Paneer Masala, Plain Lauki, Dal urad chilka, Tandoori Roti, Boil Rice, Green Salad, Curd, Raita-Aloo, Pickle, Chutney Jelly Custard | Palak Pakora Seasonal Fruit, Cold Coffee | Quesadillas-Veg (wheat flour), Dal Moong Mogar, Chapati, Boil Rice, Aloo Matar Tari, Salad Green Chocolate Burfi | Milk Unibic Biscuits |

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| <p>30th July 2024</p> <p>Tue</p> | <p>Atta pancake with Nutella</p> <p>Boil Egg, Cheese-Cube, Masala Dalia with Vegetables, Kellogg's Multigrain Chocos, Muesli, Flavoured Milk, Fresh Fruits - (Papaya, Pear, Banana)</p> | <p>Fruit,</p> <p>Aloo wafers,</p> <p>Fresh Lime Water</p> | <p>Chola, Kulcha (wheat flour)</p> <p>Dal Masoor, Fried Chilli, Curd, Raita-Pineapple, Achar, Chutney, Boil rice, Kachumber</p> <p>Sewain Kheer</p> | <p>Popcorn</p> <p>Seasonal Fruit,</p> <p>Fresh Lime</p> | <p>Kadai Paneer</p> <p>Jeera Aloo, Curd, Chutney, Achar, Dal Arhar tadka, Pyaz ki Subzi, Boil Rice, Chapati</p> <p>Ice-Cream</p> | <p>Milk</p> <p>Unibic</p> <p>Biscuits</p> |
| <p>31st July 2024</p> <p>Wed</p> | <p>Stuff Paratha-Onion</p> <p>Cheese Omelet, Boil Egg, Sprouted Moong Moth with Lime juice, Cheese-Cube, Butter, Porridge, Kellogg's Multigrain Chocos, Muesli, Flavoured Milk, Fresh Fruits - (Mango, Papaya, Pear, Pineapple)</p> | <p>Fruit,</p> <p>Chocolate Muffin,</p> <p>Mojeto</p> | <p>Kale Moti Biryani</p> <p>Gobi Musallam, Urad chilka Chana, Salad Green, Chapati, Curd, Raita-cucumber, Pickle, Chutney</p> <p>Mawa Burfi</p> | <p>Veg Pati</p> <p>Seasonal Fruit,</p> <p>Sweet Lime Juice</p> | <p>Chicken with hot garlic sauce (boneless),</p> <p>Chili Paneer with hot garlic sauce, Veg Fried Rice, Dal Moong Mogar, Boil Rice, Chapati</p> <p>Brownie Chocolate Sauce</p> | <p>Milk</p> <p>Unibic</p> <p>Biscuits</p> |

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| <p>1st Aug'2024</p> <p>Thur</p> | <p>Idli Sambar</p> <p>Boil Egg/Fried/Cheese-Cube, Kellogg's Multigrain Chocos, Muesli with Milk, Flavoured Milk, Fresh Fruit (Mango, Papaya, Pear, Pineapple)</p> | <p>Fruit,</p> <p>Roasted Jowar,</p> <p>Sweet Lime Juice</p> | <p>Kadi Pakori, Aloo Gobi,</p> <p>Dal Mix, Boil Rice, Chapati, Salad Green, Achar, Chutney</p> <p>Fruit cream</p> | <p>Chakli</p> <p>Seasonal Fruit,</p> <p>Ice tea</p> | <p>Butter Chicken</p> <p>Paneer Tikka Masala</p> <p>Subz Rabodi</p> <p>Dal Moong Chilka Chana, Boil Rice, Tandoori Roti (Wheat Flour), Achar, Chutney, Curd</p> <p>Ice Cream</p> | <p>Milk</p> <p>Unibic</p> <p>Biscuits</p> |
| <p>2nd Aug'2024</p> <p>Fri</p> | <p>Poori-bhaji, Pickle, chutney, Fried Egg/Boil Egg, Porridge, Kellogg's Multigrain Chocos, Muesli with Milk, Fresh Fruit - (Mango, Papaya, Pear, Pineapple)</p> | <p>Fruit,</p> <p>Chana</p> <p>jor garam,</p> <p>Fresh lime water</p> | <p>Rajma-Chawal,</p> <p>Tinda pyaz, Dal Moong, Boil Rice, Salad Onion Roundel, Lime, Curd, Pickle, Chutney</p> <p>Malpua</p> | <p>Bhutta Grilled</p> <p>Seasonal Fruit,</p> <p>Fresh Juice</p> | <p>Paneer bhurji</p> <p>Laccha paratha</p> <p>Dal Makhni, Boil rice</p> <p>Garlic kachri chutney, Pickle, curd, Salad cucumber</p> <p>Milk Cake</p> | <p>Milk,</p> <p>Unibic</p> <p>Biscuits</p> |

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| 3rd Aug'2024 Sat | Uttapam with Coconut, tomato and Green Chutney Omelet, Boil egg/ cheese cube, Kellogg's Multigrain chocos, muesli, Flavored milk, fresh fruit (mango, papaya, pear, pineapple) | Fruit, Besan Peanut, Kerry panna | Egg Curry, Mushroom Malai Matar (Dry), Dal Urad Mogar, Boil Rice, Chapati, Salad Slice Onion Cucumber, Pickle, Curd, Chutney Mix Hulwa | Kachori dal ki, Seasonal Fruit, Fresh Lime Water | Kathi Roll Veg & Chicken egg Kathi Roll Dal Kabila, Boil Rice, Chapati, Chutney, Pickle, Curd, Salad Green Rasgulla | Milk, Unibic Biscuits |
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1. Desi ghee is used in INDIAN DESSERT WHICH IS PREPARED IN HOUSE and on chapati.
2. Masalas and wheat flour are freshly ground in our in- house mill.
3. Wheat bread is served in mess in breakfast
4. Every day in both meals we have boil vegetable, Khichdi, plain Dal on buffet as light meal if anyone require
5. On Sunday breakfast, any student who does not wish to have Maggie can get another dish like cutlet or aloo Bonda from the Diet counter.
6. Ice cream will be served subject to approval by school RMO.
7. Menu subject to change on non-availability of items or any other circumstances.

MESS MANAGER

MCGS, AJMER

